

**Family Bridges Partnership with Hotel Oakland Village**

The Hotel Oakland Village (formed 2011) is focused on promoting a healthy resident lifestyle and ending isolation through participation in many active Village Health Groups and Volunteerism.

90 Active Resident Volunteers

Co-Managed by Hotel Oakland Staff & Residents

**15 Active Hotel Oakland Village Resident Co-Managed Health Group Services with 80% resident membership**  
*Our Motto: "Participation = Good Health!"*

- Health & Wellness Connection Members
- Healthy Eating & Nutrition
- Computer
- Healthy Mind
- Karaoke
- Neighbors Helping Neighbors
- Participation = Good Health
- Health Discussion
- Fall Prevention
- Exercise
- Garden
- Voice
- Dance
- Mahjong
- Personal Safety

**"Improving Lives By Rethinking Healthy Senior Living"**